

Bible Life Community Church Fast

January 16th Day 1

Today's Focus is: Repentance

Many understand the term repentance to mean "a turning from sin." Regretting sin and turning from it is related to repentance, but it is not the precise meaning of the word. In the Bible, the word repent means "to change one's mind." The Bible also tells us that true repentance will result in a change of actions (Luke 3:8–14; Acts 3:19). In summarizing his ministry, Paul declares, "I preached that they should repent and turn to God and demonstrate their repentance by their deeds" (Acts 26:20). The full biblical definition of repentance is a change of mind that results in a change of action. (gotquestions.org)

"Repentance is not just turning from Sin: it is also the changing of the mind to God's will for us."



- **1.** Morning: _____
- 2. Noonish
- **3.** Evening _____

Take this day and set apart 3 times when you can Read, Pray, and Listen. Place those times in the selected part of this page and guard this time. Read one passage per time and be still. Journal what you hear Yah speaking to you.

Musing On The Scriptures

- **2 Chronicles Chapter 7** What can we learn about the Glory of the Lord in our midst? How did the children of Israel respond to the Glory of the Lord? What can we learn from Yah's visit with Solomon?
- **2 Peter 3:1-9-** What can we learn about scoffers in the last days? How was the world destroyed in ancient days and how will it be destroyed in the future? What can we learn about the patience of God and why He is so longsuffering?

Luke 3:7-14- What is it that is always abiding upon the unbelieving rebel? Why is it foolish to trust in someone else's righteousness, and traditions instead of us repenting before God ourselves? Is repentance required for salvation? What is it to bear good fruit? (Visit **Acts 3:19** and **Galatians 5** for more insight)?

Give Thanks for A Heart to Repent

Many are just living life not knowing that they are really dead. They work and play, marry and give in marriage and even curse the God who created them. The enemy has them asleep in spiritual graves. Praise Christ that He has awaken you from the stupor of death and brought you into His marvelous light. Thank Him for giving you a heart to repent and live for His purpose. Go tell the world what Christ has done for you and can do for them.

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Bible Life Community Church Fast

January 17th Day 2

Today's Focus is: Lamenting

To lament is to express deep regret, grief, or sorrow. We can lament through words or actions. Lamenting is a common theme in the Bible. In fact, there is an Old Testament book named <u>Lamentations</u>.

The Bible records several reasons why people lament. We lament when we grieve over the loss of someone or something dear to us (<u>Luke 8:52</u>). Grief is a common human experience, and Jesus entered into that grief with us when He was on the earth. When <u>Lazarus</u> died, his sisters Mary and Martha grieved, and their friends lamented over this loss (<u>John 11:17–37</u>). Jesus' heart was touched to such an extent that He wept with them (<u>John 11:35</u>) (gotquestions.org).

"To lament is to express deep regret, grief, or sorrow. We can lament through words or actions."



Morning: _____

Noonish _____

Evening _____

Take this day and set apart 3 times when you can Read, Pray, and Listen. Place those times in the selected part of this page and guard this time. Read one passage per time and be still. Journal what you hear Yah speaking to you.

Musing On The Scriptures

2 Corinthians 7:2-12- Grieving over our sins comes as a result of having the Holy Spirit living inside of us. It is He who convicts us of sin. Lamenting over our sins comes as a result of us learning about what grieves God. Being discipled and obeying scripture draws us closer to Yah. How has lamenting over your sins drawn you close to Christ? Have you ever found yourself stuck in the place of lamentation only to fall into condemnation? How did you get out of the pit of condemnation and back on the path of conviction, repentance, and restoration?

Daniel Chapter 9- There comes certain seasons in our lives that we find that not only are we in a posture of repentance but we must also repent on behalf of our ancestors, and even our congregations. Have you ever considered repenting on behalf of your ancestors? Have you considered the consistent corporate sins of the land you live in and how there is a great need to repent on the behalf of your bloodline or nation? God calls us to lament over the sins of our people and cry out to Him for restoration. If judgement is pending we pray for endurance through it.

Matthew Chapter 23- Jesus is dealing with the hypocrisy of the Scribes and Pharisees. You can hear the pain and lamentation shouting from the very pages of scripture. Sadly, Yeshua is speaking to a people who have no plans on changing. In fact, they want to kill Him. Why is it important to even lament over a wicked government and call out their evil? Have you been passive concerning national evils? Do you fear your national leaders over Christ? There is a time to speak against evil even if your agreement with God brings persecution or death. Let Yah lead you not worldly wisdom.

Repentance for Lack of Lamentation

Grieving over our sin, the sins of our ancestor, the sins of our nation and even the sins of our church is right. We must always make sure that we grieve over what grieves Yahweh and rejoice over what makes Him rejoice. In doing this, we remain under His will for our lives.